



Chicken Fettuccine with Rosemary Garlic Sage Cream Sauce

Yield: 1 servings

INGREDIENTS	MEASUREMENTS
Fettucine Ingredients	
Fettucine	4 ounces
Olive oil	1 1/2 tablespoons
Chicken breast — boneless/skinless, chopped	3 ounces
Heavy cream	1 1/8 cups
SupHerb Farms Fusions [®] Rosemary Garlic Sage	1 tablespoon
Salt and pepper	to taste
Topping Ingredients	
SupHerb Farms Fresh Frozen Parsley	1 tablespoon
SupHerb Farms Fresh Frozen Tomato Roasted Diced with Oil	2 tablespoons
Parmesan cheese — grated	1 tablespoon

PREPARATION

- 1. Boil pasta in 2 quarts of water. Drain cooked pasta, sprinkle with olive oil and set aside.
- 2. Heat olive oil in a sauté pan. Add chicken, salt, and pepper. Cook for 2 minutes or until cooked.
- 3. Add cream. Bring to a boil and stir in SupHerb Farms Fusions[®] Rosemary Garlic Sage. Reduce heat and simmer for 2 minutes or until sauce thickens.
- 4. Add noodles and toss ingredients together.
- 5. Top with SupHerb Farms Fresh Frozen Parsley and Tomato, and parmesan cheese. Serve immediately.