



S'chug Orecchiette with Herbed Labneh

Yield: 6

INGREDIENTS	MEASUREMENTS	NUTRITION FACTS 1/6 Recipe
Extra-virgin Olive Oil, divided	5 tbsp	Calories 500
Onion, sliced thinly	1	Fat 20g
Eggplant, diced	1	Saturated Fat 3.5g
SupHerb Farms Fusions [®] S'chug	½ cup	Cholesterol 5mg
San Marzano Tomatoes, chopped	1 can (28 oz)	Sodium 510mg
Labneh	½ cup	Carbohydrate 70g
SupHerb Farms Fresh Frozen Chives	¼ tsp	Fiber 7g
SupHerb Farms Fresh Frozen Dill	¼ tsp	Sugars 10g
SupHerb Farms Fresh Frozen Cilantro	¼ tsp	Protein 13g
Orecchiette Pasta	1 lb	DIETARY STATEMENTS
Salt and Pepper	To taste	N/a

PREPARATION

- 1. In large skillet, heat 4 tablespoons of olive oil over medium-low heat; sauté onion for about 2 minutes or until softened.
- ^{2.} Increase heat to medium-high; add remaining oil to skillet. Sauté eggplant for 3 to 4 minutes or until caramelized.
- 3. Add SupHerb Farms Fusions[®] S'chug and tomatoes to skillet; bring to simmer, then season with salt and pepper to taste. Simmer for 15 minutes.
- 4. Combine labneh, SupHerb Farms Fresh Frozen Chives, Dill and Cilantro, and salt and pepper to taste; set aside.
- 5. Meanwhile, in large pot of boiling salted water, cook pasta according to package directions; drain well. Toss with sauce. Divide among bowls; top each bowl with dollop of herbed labneh.