



*Globally Inspired Flavor Solutions®*

## Tabbouleh Salad

INGREDIENTS	MEASUREMENTS
Bulgur Wheat	1 cup
Water	1 cup
SupHerb Farms Fusions® Tabbouleh Starter	8 oz
Lemon Juice	3 tbsp
Olive Oil	3 tbsp
Salt	½ tsp

### PREPARATION

1. Set water in pot with bulgur wheat and bring to a boil.
2. Drain the bulgur wheat well and remove any excess water.

### TO SERVE

1. In a large bowl add the prepared bulgur wheat and mix in SupHerb Farms Fusions® Tabbouleh Starter, salt, lemon juice, and olive oil.
2. Toss all ingredients together and chill for about 30 minutes.